



# OUTWARD BOUND INDIA - HIMALAYA

TO SERVE, TO STRIVE AND NOT TO YIELD

## UNTOUCHED LADAKH, A TREK

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Ladakh, an area of high mountain desert spotted with magical green where a rivulet creates an oasis. This trek takes you across the Warila pass and into the deep heart of Ladakh bringing you out into the enchanting Nubra Valley. We will explore untouched villages and camp in beautiful sites.





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## SUGGESTED ITINERARY

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Day 1, Arrive leh and full day rest in a very nice guest house near the Sangkar village. Giving you the comfort of a good hotel, with some local flavour.. If we are all feeling good, an evening walk around the Leh Market or walk around the Sangkar village and Sangkar Monastery,

Day 2. Sightseeing around upper Indus valley monasteries, Shey Thikshey and Hemis Sindu Gat and we can include a raft run here for those that would like it. Evening back to Guest House at Leh.

Day 3. After breakfast drive to Tangyar Via wari La pass (4/5 hours)( 5280 meter) En route you can visit The Cave Monastery(Dakthok and Chamday Monastery) This is if there is an interest. Else we get to the village of Tangyar( 3620 meter), where we camp and have the option of an evening walk to the Tangyar Gompa. This is our trek start point.

Day 4. Trek. Tangyar to Khema (3860 meter) via Ambi village and to Khema la 4350meter (4/5) hours) walk and over night camp at khema village, this village is around 20 house holds in a beautiful land scape.

Day 5. Trek. Khema to Khungroo Doo (3 - 4 hr walk) (3300 meter),today you are walking in through a gorge and the small village of Khungru, over night camp in a nice willow tree forest.

Day 6.Trek. Khungro doo to Agyam/Hotong walk 4/5 hours and we hit the road head to then drive to Hunder village for over night stay in Guest house. Evening camel safari and walk in the dunes of Hunder.

Day 7,Hunder(Nubra to Leh via Khardong La 18348) 4/5 hours drive,Lunch at Leh Guest house and evening drive to Shanti Stupa and Leh Palace over night at Guest house.

Day 8 Fly back to Delhi.



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## COSTS & BOOKINGS

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COST: [info@outwardboundindia.com](mailto:info@outwardboundindia.com)

### WHAT'S INCLUDED:

- Accommodation in Leh Guest house, Nubra Guest house and tents on twin share as per the itinerary.
- All meals while on trek. Only breakfast while in Leh.
- Professional guide, porters camp staff for the duration of program.
- Transport to and from trek base and airport transfers.

### EXCLUDED:

- Any transport other than that mentioned.
- Travel and medical insurance
- Cold drinks and mineral water ( we provide good drinking water but not bottled mineral water due to litter hazard.)
- Expenses arising out of any unforeseen circumstances, natural disasters or delays due to illness.

### CANCELLATION POLICY:

- A month prior to trip date : 30% of total cost
- 15 days prior to trip date : 50% of total cost
- 07 days prior to trip date : 75% of total cost
- Within 7 days of trip : 100% of total cost